

ST DOMINIC'S PRIORY COLLEGE

139 Molesworth Street, North Adelaide.

BULLETIN

Diary Dates

Wednesday 8 April Sports & Special Photos

> **Thursday 9 April** Last Day of Term 1

UNIFORM SHOP

Opening Hours During Term Mondays 10:30am - 1:30pm

> Thursday 26 March 10:30am - 1:30pm

Thursday 2 April 12:30pm - 4:30pm

Saturday 4 April 10:30am - 1:30pm

Thursday 9 April 10:30am - 1:30pm



WEDNESDAY 25 MARCH 2020

Telephone: 8267 3818

Dear Families

The skies have become quieter. I was just getting used to the thundering sounds of jets flying over my office and now... almost silent; allowing the songs of magpies and rosellas to fill the space. The cloister courtyard is a place of order, of calm, of history. It is a place of simple beauty with its perfect lawns cared for by our gardener Michael, and architecture that evokes a sense of protection. One can not walk through here without being present to that which is greater than ourselves - our God who loves us and knows us by name.

As I write this Bulletin article, government officials are meeting and grappling with what to do next. There are experts in health, sociology, finance and business – just to name a few – trying to decide the best actions to take in order to look after the whole community. I keep thinking about these people. Despite my frustrations at times, I am grateful for their work, their vision and their action. It is my hope that all voices are being heard.

WEEK 9 - TERM 1

Facsimile: 8267 4877

Website: www.stdominics.sa.edu.au

Our staff have been working hard to maintain as normal an approach to school life as possible. Lessons are unfolding, Mid-semester Reports are being written and teachers are developing (at a rapid rate) their IT skills and use of SEQTA. Staff are clever and creative. The Year 3 Assembly last week was celebrated in a suitably socially distant setting using the PA and simple bell. We have had Street Art and Harmony Day with a four-square metre boundary and sport is being held spread across the oval. Teachers are working with each other in a collegial way and learning continues. However the next few days and weeks unfold, one thing we can be certain of is the professionalism of the St Dominic's Priory College Staff.

As I sit in my office, with the cloister behind me, I find myself reassured by God's presence in amongst this turmoil - present in the order, the peace, the calm.

> Kindest regards, Dr. Helen Steele, Principal



Per the latest government directive, the College is currently OPEN AS USUAL. Hand sanitising stations, increased cleaning, and other hygiene and social distancing measures have been enacted wherever possible to ensure a safe learning environment for students and staff. Per the College Continuous Learning Plan, online learning may only be guaranteed in the event of a full school closure.

Latest Communication from the College available online at: https://stdo.ms/SDPC_COVID19

- $\sqrt{}$ **Tuesday 24 March** E-mail to Primary Families, from Ms Cate O'Leary
- $\sqrt{}$ Monday 23 March | Continuous Learning Plan E-mail to all Families, detailing the College's plans for continuous learning in the event of a school closure
- $\sqrt{}$ Wednesday 18 March | Family Pick Up Plan Letter E-mailed to all families to acknowledge student pick up plans are in place, in the event of a (sudden) school closure

Outside Media

ABC's Coronacast - https://stdo.ms/Coronacast Latest episode features the insight of children

Advice from SA Health and Beyond Blue is published on the back page









Last Tuesday we celebrated St Patrick's Day with green Jelly at recess. The primary students made \$90 for Project Compassion and the Year 3s lead us in this prayer:

May St Patrick guard you wherever you go and guide you in whatever you do and may his loving protection be a blessing to you always.

May God give you a rainbow for every storm, a smile for every tear, a promise for every care, and a blessing in each challenge.

For each petal on the shamrock, that brings a wish your way, good health, good luck and happiness for today and every day.

May the luck of the Irish enfold you and may the blessings of St Patrick behold you. AMEN

TUCKSHOP NOTICE

For the remainder of term, or until advised otherwise, Lunch from the Tuckshop will only be available by PRE-ORDER ONLY. Sales during Recess and Lunch will be limited to SNACKS and DRINKS only.

VIEW MENU ONLINE: https://stdo.ms/1TUCK20

WEEK 10 WEDNESDAY SPECIAL:

LASAGNE \$6.00

LUNCH ORDERS must be received by 9:15am and be CLEARLY LABELLED with FULL NAME + CLASS

It is time to start thinking about getting your Winter Uniform ready for Term 2

UNIFORM SHOP OPENING HOURS

Thursday 26 March 10:30am - 1:30pm Monday 30 March 10:30am - 1:30pm Thursday 2 April 12:30pm - 4:30pm Saturday 4 April 10:30am - 1:30pm Monday 6 April 10:30am - 1:30pm Thursday 9 April 10:30am - 1:30pm

TERM 1 HOLIDAYS

Tuesday 14 April 10:30am - 1:30pm Wednesday 15 April 10:30am - 1:30pm Tuesday 21 April 10:30am - 1:30pm Wednesday 22 April 10:30am - 1:30pm Thursday 23 April 10:30am - 1:30pm

Check front page of the Bulletin each week for upcoming opening hours during the Term.

I like being a mix of cultures because I get to learn so much. - **Lucy**

I like being Vietnamese because we get yummy food. - **Sophe**

We had a great day celebrating. My favourite part was making the coconut spuds. - **Aria**

I am happy to be Vietnamese because we've got cool traditions. - **Mai**

I loved when we watched the video about making pizza sauce because while we watched it, we got to eat yummy pizza. - **Catherine**

In the morning, I liked when we were in groups doing activities. Every 20 minutes we went to a different table that had an activity to do. - **Zara**

The Year 3 classroom was decorated and the Year 3 students were dressed in orange. - **Emily**

My most favourite part was making the coconut spuds and Mrs Piotto's family making the tomato sauce. - Lakshana

I loved Harmony Day. We did so much fun stuff like cooking and more. - Hannah M





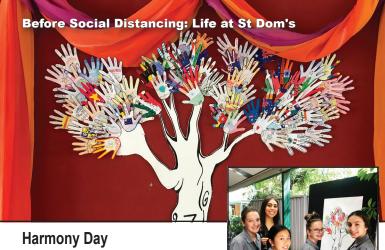


In Technology we have been using Scratch to create an animation "All About Me". We had to choose five things about us and think of a symbol to represent each one. Here are some of the ways we have represented ourselves:

Lilli – I choose pasta to represent my favourite food

Tam – I choose blood to represent the fact that I want to be a haematologist

Kayla – I chose a music symbol to represent the fact I play the cello



in the Secondary School

Harmony Day is held each year on 21 March. It's a day to celebrate our cultural diversity. It's about inclusiveness, respect and a sense of belonging for everyone. The message of Harmony Day is everyone belongs.

Last week, the girls were involved in creating a tree which represented the different cultures in their cohort.

Each hand print represented the student's own cultural background.

> Mrs Catherine Mueller **Director of Students**





Mad March

Year 11 + 12 Drama | Wednesday 4 March 2020

As Mad March was in full swing, the Year 11 + 12 Drama students were once again fortunate to attend two very different pieces of theatre.

The first, 'Cassie and the Lights' by British theatre company Patch of Blue, charmed us with the simplicity of the set and a heartfelt story about the importance of family and belonging.

The second, 'Dance Nation' presented by the State Theatre Company for the Adelaide Festival, explored the notion of power, competition and female roles in a modern society. Both pieces challenged us in different ways, and will no doubt inspire our own work in the coming months.

> Ms Victoria Sayner & Miss Jessica Spagnuolo **Drama Faculty**

















This will mean we honour our commitment to those who have purchased tickets, with their chance to win some money.

We encourage families to return their sold raffle books



WEEK FOUR Sakun's Story



In India, over 70 million people live on less than US\$1.90 per day.* Source: https://worldpoverty.io/

Sakun lives in a village in central north India. She developed polio as a child and has difficulty walking. Until now Sakun, an indigenous Gond woman, has been isolated in her community, unable to earn a livelihood and without knowledge of government schemes that could help her. In 2018, Sakun joined

a Caritas Australia-funded program which is implemented by Caritas India and its local partner, Samarthan. With your help Sakun now earns her own income and makes a small profit which goes towards her family's basic needs. She is more resilient, more confident and more independent.

Let's Go Further, Together! You can donate through Project Compassion boxes, online at lent.caritas.org.au or by phone 1800 024 413





Building Resilience in Children

Information from the Beyond Blue website

Resilience... it's a familiar word, isn't it? But what does it really mean?

When we talk about resilience, we're talking about a child's ability to cope with ups and downs, and bounce back from the challenges they experience during childhood – for example moving home, changing schools, studying for an exam or dealing with the death of a loved one. Building resilience helps children not only to deal with current difficulties that are a part of everyday life, but also to develop the basic skills and habits that will help them deal with challenges later in life, during adolescence and adulthood.

Resilience is important for children's mental health. Children with greater resilience are better able to manage stress, which is a common response to difficult events.

How can I build resilience in my child?

There are five areas that offer the best chance for building resilience in children.

As a parent, carer, or significant adult, you can help to develop essential skills, habits and attitudes for building resilience at home by helping your child:

- build good relationships with others including adults and peers
- build their independence
- learn to identify, express and manage their emotions
- build their confidence by taking on personal challenges

www.beyondblue.org.au

ATTN: PARENTS / GUARDIANS Have you read today's Bulletin?

Please let your daughter/s class teacher know via the checkbox in her College Planner

WHAT SHOULD YOU DO... Are you feeling sick with fever, cough, sore throat shortness of breath or fatigue? days and monitor health If you have returned from Call your GP to book an assessment and overseas in the Yes. Seek testing -> If your GP is unable to assist you, Stay in self-isolation testing. Provide your symptoms and travel history over the phone. Your GP may offer to see you while you are in your car. past 14 days visit a COVID-19 Clinic If you become sick Arrived before 22 March Monitor health with new symptoms (e.g. fever, cough, Stay in self-isolation and arrived from Seek testing follow medical advice interstate in the Self-quarantine for 14 days sore throat, shortness Arrived on or after 22 March and monitor health of breath, fatique) If you have been with a confirmed case of COVID-19 Do you have a fever (≥38) or history of fever AND an acute respiratory infection Stay in isolation and follow medical advice. healthcare orker with direct Self-isolate Seek testing (e.g. shortness of breath. Negative result: patient contact cough, sore throat)? Avoid contact with others until recovered. If you are Severe illness (e.g. difficulty breathing) feeling unwell but have not Stay home and where possible avoid contact with others until travelled or been Fever, cough, sore throat shortness of breath or fatigue Call your GP for advice as you recovered. If your symptoms worsen, contact your GP or call 000 in an emergency (e.g. difficulty breathing) may need an appointment confirmed case Talk to friends, family or a Call the National Coronavirus website to learn more about the facts of professional if you need help Helpline (1800 020 080) COVID-19 and what you can do to stay well