



# ST DOMINIC'S PRIORY COLLEGE

139 Molesworth Street, North Adelaide. 5006.

## BULLETIN

### Diary Dates

#### Wednesday 6 September

Fete Meeting 7:30pm  
[ALL WELCOME]

Yr 11 English to State Theatre

#### Thursday 7 September

SACPSSA Touch Carnival

#### Friday 8 September

Yr 2 to Shri Ganesha Temple

#### Tuesday 12 September

Personal Project Presentation

#### Wednesday 13 September

Yr 5 visit to Barker Kindy

#### Thursday 14 September

French Club Play @ ADL Uni  
SDPC Annual Music Concert

#### Friday 15 September

Yr 5 to Planetarium  
Yr 11 Informal

#### Tuesday 19 September

Yr 3 Talk like a Pirate Day

#### Wednesday 20 September

Catholic Schools Music Fest.

#### Thursday 21 September

Yr 9 Retreat

#### Mon 25 - Fri 29 September

Yr 10 Work Experience

### WEEKLY CLUBS

#### Year 7-12 Maths Club

3:30pm-4:30pm Wednesdays

#### Year 7-12 Homework Club

3:30pm-4:30pm Thursdays

### 2017 TERM DATES

Term 3: 24 July - 29 Sep

Term 4: 16 Oct - 8 Dec

### UNIFORM SHOP

Mondays during term:

10:30am - 1:30pm

#### Thursdays

7 Sept 10:30 - 1:30

8 Sept 12:00 - 2:00 [FRI]

14 Sept 12:30 - 4:30

21 Sept 10:30 - 1:30

28 Sept 12:30 - 4:30



Friday morning mass in  
the Chapel 8.15am

**WEDNESDAY 6 SEPTEMBER 2017**

**WEEK 7 – TERM 3**

**Telephone: 8267 3818**

**Facsimile: 8267 4877**

**Web Site: [www.stdominics.sa.edu.au](http://www.stdominics.sa.edu.au)**

Dear Parents,

### **An Historic Development for St. Dominic's Priory College**

*Over the past 40 years St. Dominic's has attempted to create new educational facilities through a moderate expansion of its boundaries.*

In the 80s our aim was to build on properties we owned on the corner of Hill and Molesworth Streets. Indeed, it was truly urgent for us to be able to create spaces for increased numbers of students and for specialist teaching and staff areas which were required by the standards and the educational developments of the time. We put forward plans in that decade for a multi arts facility.

At the same time the City of Adelaide Council was developing new regulations which would specifically bar St. Dominic's from moving in any way beyond its front gate.

In the end, by 1994, after several attempts to obtain permission to develop, some of them almost successful, the Dominican Sisters of North Adelaide made the decision to give over all the convent areas to the school and to move their home to the properties on the corner of Hill and Molesworth St. This generous decision was the lifeline for the provision of Year 12, Drama and Music facilities to be housed in the upgraded former convent building, together with areas for Staff and for Administration.

And now more than 20 years later we have a new way forward to provide state of the art facilities for present and future students.

**The South Australian Government has given us permission under the 1993 Development Act to use the properties we own in 74 Hill Street to develop a new Year 12 Centre and in an adjoining property in Barnard St. an Early Learning Centre. The first development will be the Year 12 Centre with a target date of completion in 2019. As you would be aware this is quite critical as two new classes of Year 7s will transit from parish Primary schools into the middle school.**

### **What we have been granted by the Government is justice for our students.**

The property immediately across the road in Hill Street is large. It was formerly a family residence, but for at least 45 years has been owned first by the SA Government and used for Government purposes, including as a drug and alcohol rehabilitation centre. Most recently it has been used as a medical practice and, in 2015, sold to St. Dominic's Priory College.

Tonight, at the Fete Meeting, it will be a special privilege to show our parent committee the ground plans courtesy of Architect Kon Michael from Swanbury-Pengalse.

This new development is only one part of the Masterplan for the College and the full plans will be part of an ongoing transformation of buildings on site in need of upgrade and replacement. In this context I would like to acknowledge the outstanding commitment of the College Board members led by Chairman Mr Jim Howard AM.

### **Preparing for 2018**

Parents are aware that the transition into the senior years has been assisted by your support of your daughters at last week's subject counselling sessions. Thank you for your involvement.

We have waiting lists for a number of classes and would like to have an accurate picture of class numbers for 2018. If your daughter will not be returning you are asked to let me know in writing as well as completing the reply slip in today's Bulletin.

Thank you.

**Sr Jillian Havey, Principal**



# Primary News

from Ms. Cate O'Leary  
Primary School Coordinator  
Anne Quidlen

## In and around the classrooms:

If you pop into the Year 2 class on any given morning you will find the girls busy at work on their I-Learning tasks. I-Learning (Independent Learning) tasks may include activities from the areas of *visual arts, construction, fine motor, literacy and numeracy.*



Last week all the girls got the chance to try their hand at sewing, stitching together grey felt elephants. All groups contributed to the construction of a 3D model of the Taj Mahal. It was wonderful to see the structure take shape through the combined efforts of all the girls over the week. Card making, letter writing and a measurement activity to make the longest snake were our other activities last week.

I found it quite difficult to stitch the elephants together because the felt could become wonky. - **Sienna T**

I liked making the long snake. It was fun. Mine wasn't the longest, I think Brianna's was. - **Sienna Z**

I liked building the Taj Mahal it was both fun and tricky at the same time. A challenge can be good fun. - **Alannah**

I liked making the friendship cards. We had to choose a name from the lucky dip. I liked making the snake as well because mine was the longest. I tried to make it really thin but not too thin or it would break. - **Briana**

## YEAR 2

This week is **Child Protection Week** and all classes will focus on important strategies for students to use while exploring the concept of safety.



"National Child Protection Week is a wonderful opportunity for everyone in the community to think about how we can work together to keep all children safe. Importantly, we want to remind everyone that: We ALL have a part to play in protecting ALL children. Even small actions can help to improve a child's future. By building stronger communities, we are creating safer environments for our children."

Leesa Waters, Deputy CEO, NAPCAN

**Friday Morning Mass:** A reminder that all Reception students need to be in the chapel for Morning Mass on Friday at 8:05 and will need to wear their sport uniform.

**Assembly:** Thank you to our **Year 2 Class** and Mrs White for helping prepare and present this week's Assembly which had a Book Week focus. **Week 9 Assembly** will be hosted by the **Year 1 Class**. All welcome.



*Macy Lapsley, Annabel and Millicent Johnson, Charlotte Kretschmer, Millicent Jacobs, Bree and Ella Copeland, and Rosemary Kelly* recently celebrated the **Sacrament of First Communion** at Rosary Parish. Please keep them in your prayers.

### You Choose by Nick Sharratt and Pippa Goodhart

This book has very few words in it but is such a fantastic book to share to encourage oral language and vocabulary development. Each double page of the book poses a question about your preferences from a range of scenarios. Examples include: 'If you could go on holiday anywhere... where would it be?' There are brightly illustrated pictures to facilitate the discussion.

Although most beneficial for the early years, all children enjoy selecting their favourites from the attractively illustrated options. It is a lovely way to encourage your daughter to make decisions and justify her choices, which is a key skill at school. You can add an extra element by giving clues or descriptions of what you have chosen so they have to guess. You can also make up stories about some of the pictures in the book or describe how it might feel to try/ have some of the things in the book.

If you enjoy this book, there is another one in the same theme called 'Would You Rather...?' which encourages those same important skills.

### Woolworths Earn & Learn 2017

From now until Tuesday 19<sup>th</sup> September, we are collecting **Woolworths Earn & Learn Stickers**. Collect your stickers on a **Woolworths Earn & Learn Sticker Sheet** and when it's complete, drop it into the Collection Box at school or at your local Woolworths.

More Information: [woolworths.com.au/earnandlearn](http://woolworths.com.au/earnandlearn)



## WANTED by the end of Week 8

Large (washed) 1<sup>kg</sup> **COSTCO** Pretzel / Popcorn containers

Please bring to Year 3 Classroom or Primary Office

# News from Year 12

## EDUCATIONAL PSYCHOLOGIST'S VISIT:

Tuesday of Week 5 saw the final seminar with Educational Psychologist Kirrilie Smout. Her session was themed '*Managing Stress & Tough Times*'.

Kirrilie started the session by busting the 'happiness myth'. She explained that feeling 'happy' is just one emotion we feel. However, we've come to believe that feeling 'happy' is normal; so when we feel *unhappy*, girls can wonder *what is wrong with me? Why aren't I happy? Everyone else seems to be happy?*

She spoke to the girls about recognizing their own body's response to unhappy times and stress. An awareness of their particular stress responses can give the girls some form of control over them. With final assignment deadlines looming and exam dates approaching, the next six or so weeks will indeed be a testing time for our most senior students. On this theme, Kirrilie emphasized that it is *natural* to be feeling a degree of distress at certain times in life and how important it is for the girls to use the supports systems around them. *They are not alone.*

Interestingly, Kirrilie described the brain as a 'negative thinking machine'; a mechanism designed to sense danger and keep us *alive*, but not necessarily *happy*. As such, negative thoughts, perhaps, towards exams and final results are natural and unavoidable. However, it **IS** possible to balance this out by adding positive thoughts and images to our thinking. When students can't seem to manage this, it's up to us as parents and teachers to add an extra dose of encouragement or some extra positivity, even if it isn't always immediately appreciated!

With such a short time to go, students are strongly encouraged to be selective in how much priority their social life gets. There is no way to sugar coat this time of year. There is lots of work and revision to do and the stakes are very high.

It is appropriate to acknowledge the support, patience and tolerance teachers and parents of senior students exhibit in what is a stressful time for them as well. Hang in there!

### Past Student Seminar:

"Everything I know now that I wish I knew when I was in Year 12"

Earlier this term, four members of the class of 2013 addressed the Yr 12 girls. The current Yr 12s were Yr 8s when these old scholars were in their final year of school. The past students' brief was to respond to the statement: "*Everything I know now that I wish I knew in Year 12.*" The aim being to give the girls an insight into how to successfully navigate through the social and academic hurdles and opportunities they may encounter as Year 12 students. In addition, they provided a glimpse into life after school completion, covering tertiary options and how to respond when originally planned directions change.

The old scholars have an empathy with the current Yr 12s in terms of the St Dom's context the pressures they face, but they also have towards four years of separation from St Dominic's so are able to share broader perspectives as a result.

We are indebted to *Stephanie Blumberg, Kym Le, Caitlin Abbott* and *Alison Jones* for so willingly giving of their time.

## TERTIARY STUDY 2018: SATAC APPLICATIONS FOR UNIVERSITY AND / OR TAFE

In order to apply for tertiary studies in 2018, students create an account with SATAC and enter up to six courses in order of preference. A large focus on Pastoral Care this term will be guiding and assisting girls as they navigate their way through this process. Students seeking extra guidance are encouraged to make an appointment with our Careers Counsellor Ms Eustace.

## TERM 3 HOLIDAY WORK SESSIONS

Many Yr 12 subject teachers hold work sessions here at school during the holidays. The purpose of these is to complement the work that has gone on during term time if deemed necessary by individual subject teachers. In some cases, the students will sit a full 3-hour trial exam, in others, the time will be used on revision and exam preparation or finalising school assessment tasks. The schedule for these will come home with your daughter's report in Week 10.

It's clear that every opportunity is being provided for the Year 12 girls to be well placed for completion of final assignments as well as being thoroughly prepared for upcoming exams. The students need to play their part and take up these opportunities.

## END OF YEAR EXAMS AND SCHOOL FUNCTIONS

**Friday 27/10** will be the Yr 12 girls' final school day before they go on study leave to prepare for exams and finalise assessment tasks. The end of lessons, however, is not the end of the road for our Year 12s. Once all academic commitments have been completed, the final school assembly, End of Year Mass and the Graduation Ball are all much anticipated events on the St. Dominic's calendar. In each girl's report will be a copy of the SACE exam schedule, as well as details of the timing of school community events, including rehearsal schedules. They are a little way off but it's important to have something on the calendar to look forward to.

Keep your eyes on the prize, girls, and as Kirrilie suggested in her first session back in Term One; time travel to that moment this December when you first see your final ATAR.

Do NOW what it will take to make that moment everything you want it to be.

**GREG LARWOOD**  
Yr 12 Coordinator

*[on behalf of the Year 12 Pastoral Care Team]*

# PARENTING TIPSHEET DIGITAL FOOTPRINT



Every online step you take can leave a digital trail. It's called your digital footprint and it's made up of all the information about you on the internet.

This includes the trail that you knowingly leave, such as comments and images, and the information that you may unknowingly leave, such as your logons and your browsing history.

We all have the power to decide what the picture of us will look like, so help your kids do the same.

## 1. THINK BEFORE YOU CLICK

Encourage children to think about content and the consequences of posting it. Are they aware that something that happens on the spur of the moment – a funny picture, an angry post – can still be online years later?

## 2. KEEP IT NICE

Don't make comments, post images or forward something that might upset someone else.

## 3. PROTECT PERSONAL INFORMATION

Teach kids how to strengthen privacy settings, use strong passwords, change passwords regularly and not share them, as well as what is and isn't appropriate to post or share.

## 4. LOOK INTO YOURSELF

Sit down with your child and type their name into a search engine looking for images as well as text. If you're both not happy with anything you find, remove the content yourself if possible, or politely ask the person who posted it to delete it.

## 5. MAKE YOUR ONLINE PRESENCE A POSITIVE ONE

Encourage kids to showcase the positive things they do through blogs, images, video and community participation.

## 6. BE A GOOD ROLE MODEL

Demonstrate how you're careful about what you do online and how you look after your own digital footprint.



### National eSmart Week

This week is National eSmart Week. The week aims to create awareness, share solutions and ideas for community education on issues of cyber safety, bullying and wellbeing, both

on and offline. Take some time to reflect on what you are doing at home to keep your young people educated, informed and safe. This resource might be of assistance to you.

**Muriel Noujaim**  
Deputy Principal (Student Wellbeing)



### Legacy Badge Selling

Legacy is dedicated to caring for the families of deceased veterans and currently provides this service to 70 000 widows and 1900 children and dependents with a disability, across Australia. It is a voluntary organisation supported

by veterans, service men and women and volunteers from all walks of life. Although this organisation does receive limited support from both State and Federal Governments, Legacy's most significant source of revenue is during Badge Week. In 2017, Legacy Badge Week took place between Sunday 27<sup>th</sup> August and Saturday 2<sup>nd</sup> September and our Year 7s were proud to participate; collecting donations along O'Connell Street and within North Adelaide Village Shopping Centre on Friday 1<sup>st</sup> September. They raised nearly \$400.

**Muriel Noujaim**

**Deputy Principal (Student Wellbeing)**



### Mental Health Matters!

The mental health of young people is of growing concern within developed countries like Australia. The incidence of mental illness in young people is now well documented and shown to be the highest it has ever been, particularly between the ages of 12 to 25 years.

The 2017 SRCs wanted to make youth mental health a focus at St Dominic's Priory College. During Week 6 (last week) wellbeing activities were organised each day at lunchtime. These activities proved a popular way to get together with friends, to practise 'mental exercises'. These types of activities are scientifically proven to improve mental health.

### The Week 6 Program

**Monday:** Involved students bringing their own coloured pencils, to relax and unwind with some mindfulness colouring in.

**Tuesday:** Students were able to take part in 20 minutes of meditation and an opportunity for a power nap.

**Wednesday:** It was time for some laughter. Year 7-12 friends joined together to watch an episode of 'Friends.'

**Thursday:** Students were encouraged to keep a look out for any sad faces and ask 'R u ok?'

**Friday:** It was time to get physical and release some endorphins by taking part in a quick 20 minutes of yoga.

The photos depicted, show the engagement of both primary and secondary students. Given the success, I do hope this week will feature in our school calendar annually.

**Muriel Noujaim**

**Deputy Principal (Student Wellbeing)**

## 2017 Dominican Cup

**St Dominic's vs Blackfriars**

**Thursday September 21<sup>st</sup>**

**Blackfriars Priory School Hallinan Library**

The College Community is warmly invited to attend this annual and entertaining interschool debating event.

<b>5:30pm</b>	<b>Formal Introductions</b>
<b>6:00pm</b>	<b>Calaruega Cup - Juniors</b> <small>Debate for Students from Years 6, 7 &amp; 8</small>
<b>7:30pm</b>	<b>Fr. John Neill Cup - Intermediate</b> <small>(The Years 9 &amp; 10 teams receive their secret topic at 6:00pm)</small>
<b>8:30pm</b>	<b>Sr. Jillian Havey Cup - Seniors</b> <small>(The Senior debaters receive their secret topic at 7:00pm)</small>

## 2017 Annual Music Concert

**College Hall | 7:00 start | Thursday 14 September**

Showcasing the talents of the Concert Orchestra, String Orchestra, Rock Band and Choir

**TICKETS AT THE DOOR**

**\$10 adults | \$5 conc.**

Please arrive by 6:30pm for a 7:00pm start

**ALL WELCOME**



**SAPSASA North Adelaide District Athletics**

On Tuesday August 29<sup>th</sup>, 28 students represented St Dominic's Priory College in the SAPSASA North Adelaide District Athletics Carnival. Students participating in this carnival trial for a place in the State Athletics day.

The athletes all participated to the best of their ability and we congratulate them on their perseverance and sportsmanship.

**Individual place getters were:**

- Annalise Hicks – 1<sup>st</sup> U/11 High Jump, 3<sup>rd</sup> 100m, 2<sup>nd</sup> 200m
- Alessia Mazzeo – 1<sup>st</sup> U/13 Discus
- Ella Copeland – 1<sup>st</sup> U/10 100m, 2<sup>nd</sup> 800m, 3<sup>rd</sup> Long Jump
- Estella Rauda – 2<sup>nd</sup> U/10 Long Jump
- Helen Pham – 2<sup>nd</sup> U/13 High Jump
- Emma Foti – 3<sup>rd</sup> U/11 Long Jump
- Alexandra Chavez – 3<sup>rd</sup> U/10 Shot Put
- Ella Wood – 4<sup>th</sup> U/13 Long Jump
- Molly Copeland – 4<sup>th</sup> U/12 800m
- Layla Hearst – 4<sup>th</sup> U/13 800m
- U/10 Relay – 2<sup>nd</sup> (Ella, Bree, Ines, Estella)
- U/11 Relay – 2<sup>nd</sup> (Annaliese, Tammy, Isabelle Tran, Emma Foti)
- U/12 Relay – 4<sup>th</sup> (Molly, Sara, Madeleine, Poppy)

Congratulations to Annaliese Hicks, Ella Copeland and Alessia Mazzeo who have been chosen to represent North Adelaide at State Metro day on Tuesday 26<sup>th</sup> September. Good luck girls.

Mrs Michelle Richter

**The Pot Plant Stall is seeking  
SMALL POTS**

[as suitable for planting seedlings / herbs]



Donations can be left at Reception or behind the brick wall at the 139 Molesworth St Gate.

**This Week's Fete Appeal  
\$2 Asian Foods Stall**

**TUCKSHOP**

**WEEK 8 Wednesday Hump Day Specials**

Pumpkin, Feta + Ravioli \$6.00

Please ensure BAGS are CLEARLY LABELLED with your daughter's NAME and CLASS

**FIND US ONLINE:**



SDPC.Adelaide

stdominicpriory

**AUCTION NEWS**

**Are you on the look-out for a washing machine? We have one for Auction!**



**7.5kg Fisher & Paykel QuickSmart Washing Machine WH7560J3 donated by the Van Arend Family. RRP \$600 - \$700**

Each year we aspire to offer gift packages, household items & appliances, entertainment & dining experiences, pampering packages, and opportunities for family outings. If you have something that would be a wonderful addition to the 2017 Auction please contact us to discuss.

**Contact: Noreen, Sarah, Renae or Maria – 8267 3818**

**Classic Treasures: Planning a Spring Clean?**

The **Classic Treasures** stall is now in the process of collecting goods for the forthcoming Fete. If you have any of the following items that you no longer require we would be extremely grateful for your donation:-

- |                    |                                       |
|--------------------|---------------------------------------|
| small ornaments    | jewellery                             |
| novelties          | music boxes                           |
| brassware          | clocks                                |
| watches            | classic toys (NOT Soft Toys, please!) |
| glassware/crystal  | small paintings / prints              |
| tea cups & saucers | dolies & table linens                 |

*\*please note: We can NOT take any large household items, electrical items, clothing, soft toys or shoes.*

**THE 2017 SDPC FETE & AUCTION IS ON  
SUNDAY 29 OCTOBER  
The Parent Roster is  
ONLINE NOW:  
<http://signup.com/go/nEJFyXm>**

**2018 Enrolment**

- Step 1:** Return of the Reply Slip below
- Step 2:** Communication to the Principal Sr Jillian Havey via a letter / appointment

**Please indicate your intentions:-**

Our daughter/s will **NOT** be returning to St. Dominic's in 2018 and we will formally inform the College as such via a Letter to the Principal by Wednesday 20<sup>th</sup> September 2017

**Details:**

Parent Name/s: .....

Phone: ..... Family Code: .....

Daughter's Name(s) .....

& Class(es): .....

Please return to College Office

I HAVE READ TODAY'S BULLETIN

Daughter's Name(s):..... Class(es):.....

Signed: ..... Date: ..... / ..... / 17