



# ST DOMINIC'S PRIORY COLLEGE

139 Molesworth Street, North Adelaide. 5006.

## BULLETIN

### Diary Dates

**Mon 26 - Fri 30 September**

Year 10 Work Experience

**Friday 30 September**

Last day of Term 3

[normal dismissal]

**Monday 17 October**

First Day of Term 4

**Wednesday 19 October**

Year 8 Vaccinations

Year 10-12 Drama Excursion

**Friday 21 October**

Year 10 Hallett Cove Visit

Ekiden Relay

**Wednesday 26 October**

Year 10 PE Surfing Excursion

**Thursday 27 October**

Year 10 Digital Tech Zoo visit

**Sunday 30 October**

Fete & Auction

**Tuesday 1 November**

Year 8 Retreat

**Thurs 3 & Fri 4 November**

Year 10 Geography

Kangaroo Island Visit

**Friday 4 November**

Cake It for Charity

**Wednesday 9 November**

Yr 4/5 Red ball Tennis comp

Year 6-9 Swimming Carnival

**Thursday 10 November**

Year 11 Drama Production

### 2016 Term Dates

Term 4: 17 Oct - 9 Dec

### UNIFORM SHOP

Mondays during Term  
10:30am - 1:30pm

Thurs 29 Sept 12:30 - 4:30

### SCHOOL HOLIDAY HOURS

Weds 5 Oct 10:30 - 1:30

Thurs 6 Oct 10:30 - 1:30

Weds 12 Oct 10:30 - 1:30

Thurs 13 Oct 10:30 - 1:30



Friday morning mass in  
the Chapel 8.15am

**WEDNESDAY 28 SEPTEMBER 2016 WEEK 10 – TERM 3**

**Telephone: 8267 3818**

**E-Mail: admin@stdominics.sa.edu.au**

**Facsimile: 8267 4877**

**Web Site: www.stdominics.sa.edu.au**

Dear Parents,

### The Personal Project

Sincere thanks for your excellent response in attending your daughters' Year 10 MYP Personal Project Exhibition on last Tuesday night, and then, for Year 9 Parents the launch of the Personal Project on Wednesday Night. In many ways these nights were the best opportunity ever for parents to view the variety of research topics which engaged not only your Year 10 daughters but all her peers in the Year Level.

The benefit for Year 9 students and parents in viewing the exhibition before commencing their project is clear. Year 9s are now in the best possible position to move into their topic choice and research next term. There is naturally some anxiety in relation to this additional task, but, as was clear from the talks given and feedback from parents in the open forum, the Personal Project is a powerful independent learning opportunity. St. Dominic's has looked carefully at the feedback from students and staff, confirmed at Wednesday night's discussion, to lessen pressure from coinciding due dates in Year 10. In seeing us through to a successful first round conclusion, the guiding skills of PP Coordinator, *Jo Riccio*, supported by *Aurora Reid* MYP Coordinator are acknowledged. I also thank *Sr. Hieu Tran OP* for her translation of the material for parents in Vietnamese and for her attendance at the parent – student sessions.

**India Showcase:** Although I missed attending this year, the feedback from the Year 2 India Night is that it presented our parents with much to learn and enjoy as it does each year.

Those of us lucky enough to attend the **Catholic Schools Music Festival** on Monday evening are still talking about our enjoyment of this wonderfully entertaining evening which showcases the talents of thousands of students across our Catholic schools. We were proud



Year 10  
Personal Project  
Exhibition



of our Year 6s singing well from the top row of the Festival Choir. The audience applause for the St. Dominic's Priory College Choir was truly an acknowledgement of Director *Courtney Green* whose skill in drawing top class performances from her choir is second to none. Congratulations also to vocal soloist *Lucy Stoddart* for her part in the closing item.

### On Leave:

Our very good wishes go this week to Director of Administration *Mary Vugts* who will be taking Long Service Leave in Term 4. We hope that she enjoys to the full the relaxation which is to come. We also offer her our thanks for the absolute commitment she gives to the Students and Staff of St. Dominic's.

**Reports:** Your daughter will bring home from Year 7 – 12 her end of term report on Friday.

**FETE:** Please sign up to help on the Fete weekend if you have not already done so. The link is: <http://stdo.ms/F16PR> Please do your best with friends and relations to sell all the tickets in the **Art Union Raffle Book** also coming home today. Please sign on the back page that you have received yours.

Happy holiday to all and good luck to our hard working Year 12s.

**Sr. Jillian Havey, Principal**

# Primary News

from Ms. Cate O'Leary, Primary School Coordinator

We are nearly at the end of another busy and productive term with many interesting learning experiences happening this week. We are grateful to all the parents who give their time so generously to support our learning programs in and outside the classrooms. The Primary Staff work hard to provide a rich learning environment and they are passionate about offering a robust curriculum.

**Deb Osborne** will be on long service leave for Weeks 1 and 2 next term. During this time Deb and her family will be travelling through Mexico, Cuba and Florida. We wish her happy and safe travels. Mrs Naomi Bramham will be teaching full time in the Year 2 class during Deb's absence.

During the holidays please check that your daughter has her stationery items for Term 4 and **all clothing is clearly labelled**.

A reminder that it is **summer uniform in Term 4** and sport hats are to be worn at recess and lunch.

## Student Engagement

**Spring Poetry Competition:** Congratulations to the following students who will have their poems entered into this year's Spring Poetry anthology: *Willow Rann, Molly Copeland, Emma Smith, Eliza Donnellan, Morgan Smith and Magdalene Dinos*

These successful young poets, their families and their teachers will be invited to attend the **Spring Poetry Launch** in Term 4, 2016.

**SAPSASA:** Congratulations to **Angelina Melki** who won 2 Gold in Discus and 200m and 1 Silver for 100m on Monday at State Day Athletics.

**We will be starting school on Monday 17<sup>th</sup> October so will see you all then. We wish you all a very happy and safe break.**

## Year 2 India Showcase

Our Year 2 India Showcase was a real hit last Thursday! Everyone did a wonderful job of presenting what they have learnt about different aspects of India. The plays and Bollywood dancing performance also proved to be popular with the audience. We are extremely grateful to *Shelly Sami* and *Julie Joseph* who helped prepare the delicious Indian food for the evening and to Francesca from **Fusion Beats** dance company for preparing the girls' Bollywood dance routine. A great time seemed to be had by all!



At our Chai tea station there was spices for our visitors to try. - **Hannah**

At transport station we told people about Rickshaws and trains. - **Jelena**

Parents enjoyed watching our plays and puppet shows. My favourite was the play about the fish that were too clever. - **Isabella L**

We all enjoyed talking to the parents at our stations, sharing our information. - **Montana**



## In and around the classrooms:

### YEAR 5 Zoo Snooze: 19<sup>th</sup> September

We explored the zoo and learned about each animal and cool new facts. Spy Comedians won the Talent Quest, and after a barbeque dinner we went on a night walk to look at some of the animals. Finally, we finished our day by watching the movie *Rio*.

We started the morning with breakfast before we had extra time exploring the animals privately without any of the public being there. We watched the Panda show, played at the playground and went to the gift shop. We had a great animal experience of a lizard; feeling and learning fun facts about them.

We all had a great time seeing all the animals, learning new information, and we thank our zoo instructors for helping us on our journey.

*By Poppy Rigano and Isabelle Tran*

### YEAR 5 Visit to the Planetarium at Mawson Lakes: 22<sup>nd</sup> September

When we arrived we waited in the foyer for another class to come out, then it was time to go into the room named "THE DOME." We sat down and listened to the man named Martin talk to us about the different stars and planets in our Solar System, and how the planets cross the sky. After Martin finished talking, he played us a cartoon space movie, about a girl and a boy in a space ship exploring the galaxy and going to different planets. When we all walked out of "THE DOME" all of the girl's eyes couldn't adjust to the bright light. We were all very tired on the bus ride back but had a great time experiencing the Planetarium.

*By Caprice De-Sanctis and Annaliese Hicks*

## Catholic Schools Music Festival

On Monday night 26 Year 6 students performed at the opening night of the Catholic Schools Music Festival. It was a great night celebrating the musical talents of many schools. St Dominic's featured throughout the night in solos, choir and supporting acts. Sarita Cardone represented the Year 6 class in the opening item Advance Australia Fair. The Catholic Schools Music Festival is a great experience. Special thanks to Mrs Amy Waters for all her hard work with preparing our students so capably. Thank you also to the staff and family who have supported the girls during their preparation; we are sure everyone who attended on Monday was immensely proud of the girls on the night.

## Growth Mindset

Ideas for Creating a Growth Mindset Environment at Home PT 5

- Model flexibility. Communicate that change is an important part of living life. Model this by taking a flexible mentality when things don't go as planned. Don't let frustrating situations get the best of you- make your child aware of your ability to adapt due to change in plans. Praise your children for their flexibility and adaptability when plans change or success is not met.
- Model optimism. Adopt a "glass half full" attitude. in your home. A person with "hope" believes there can be a positive side to most situations.

Taken from Ready to use resources for Mindset in the Classroom by Mary Cay Ricci

# News from Year 12

## EDUCATIONAL PSYCHOLOGIST'S VISIT:

Last Tuesday saw the final seminar with Educational Psychologist Kirrilie Smout. Her session was themed '*Managing Stress & Tough Times*'.

Kirrilie started the session by busting the 'happiness myth'. She explained that feeling 'happy' is just one emotion we feel. However, we've come to believe that feeling 'happy' is normal; so when we feel *unhappy*, girls can wonder *what is wrong with me? Why aren't I happy? Everyone else seems to be happy?*

She spoke to the girls about recognizing their own body's response to unhappy times and stress. An awareness of their particular stress responses can give the girls some form of control over them. With final assignment deadlines looming and exam dates approaching, the next six or so weeks will indeed be a testing time for our most senior students. On this theme, Kirrilie emphasized that it is *natural* to be feeling a degree of distress at certain times in life and how important it is for the girls to use the supports systems around them. *They are not alone.*

Interestingly, Kirrilie described the brain as a 'negative thinking machine'; a mechanism designed to sense danger and keep us *alive*, but not necessarily *happy*. As such, negative thoughts, perhaps, towards exams and final results are natural and unavoidable. However, Kirrilie pointed out that it **IS** possible to balance this out by adding positive thoughts and images to our thinking.

With such a short time to go, students are strongly encouraged to be selective in how much priority their social life gets. There is no way to sugar coat this time of year. There is lots of work and revision to do and the stakes are very high.

It is appropriate to acknowledge the support, patience and tolerance teachers and parents of senior students exhibit in what is a stressful time for them as well. Hang in there!

## THE PROVEN BENEFITS OF FEELING GRATEFUL

Our school counsellor, Ms Meyer frequently circulates articles of relevance to teachers. One is very relevant to this time of year. It espouses the view that feeling grateful has been shown to improve physical and mental health, psychological wellbeing and attitude, and relationships with others. At the very time our Yr 12 girls can feel under the most stress and scrutiny, I'll be encouraging them to remind themselves, each day, of the 'good' in their lives. Perhaps this won't diminish the pressure they are feeling, but it may add some positivity to their thinking. The full text of the article can be found at the URL below:

<http://stdo.ms/2dnKgCI>

## TERTIARY STUDY 2017: SATAC APPLICATIONS FOR UNIVERSITY AND / OR TAFE

In order to apply for tertiary studies in 2017, students create an account with SATAC and enter up to six courses in order of preference. Our Careers Counsellor, Ms Alice Kleinig does an



exceptional job of guiding the students through options and pathways. Students needing guidance are encouraged to make an appointment with Ms Kleinig. The students are aware that a late fee of \$119 will apply on top of the regular \$30 processing fee if they haven't created an account with SATAC by 30/9/16. Course preferences can be altered right up to 3/1/17.

## END OF YEAR EXAMS AND SCHOOL FUNCTIONS

**Friday 28/10** will be the Yr 12 girls' final school day before they go on study leave to prepare for exams and finalise assessment tasks. The end of lessons, however, is not the end of the road for our Year 12s. Once all academic commitments have been completed, the final school assembly, End of Year Mass and the Graduation Ball are all much anticipated events on the St. Dominic's calendar. In each girl's report will be a copy of the SACE exam schedule, as well as details of the timing of school community events, including rehearsal schedules. They are a little way off but it's important to have something on the calendar to look forward to.

This Friday will mark the last time the girls wear their winter uniform, including the beloved beret! [see photo] It is just one of a series of 'lasts' the girls will experience in the next few months.

## TERM 3 HOLIDAY WORK SESSIONS

Many Yr 12 subject teachers hold work sessions here at school during the holidays. The purpose of these is to complement the work that has gone on during term time if deemed necessary by individual subject teachers. In some cases, the students will sit a full 3 hour trial exam, in others, the time will be used on revision and exam preparation or finalising school assessment tasks. The schedule for these will come home with your daughter's report this Friday.

It's clear that every opportunity is being provided for the Year 12 girls to be well placed for completion of final assignments as well as being thoroughly prepared for upcoming exams. The students need to play their part and take up these opportunities.

Keep your eyes on the prize, girls, and as Kirrilie suggested in her first session back in Term One; time travel to that moment this December when you first see your final ATAR.

Do NOW what it will take to make that moment everything you want it to be.

**GREG LARWOOD, Yr 12 Coordinator**  
[on behalf of the Year 12 Pastoral Care Team]



**MYP Personal Project**

On Tuesday 20 September and Wednesday 21 September we hosted the MYP Personal Project Exhibition and the launch of the Personal Project respectively.



The MYP Personal Project Exhibition gave the current Year 10 students an opportunity to display their Projects to their peers, parents and the school board and community. Prior to the commencement of the launch of the Personal Project, the Hall was opened for the current Year 9 students and their parents to view the personal projects completed by our Year 10 students. The purpose of the evening was to inform students and parents of the expectations of the personal project and begin the first section of the process which is developing a possible area of inquiry.

**Broadview Community Day**

**SUNDAY 16TH OCTOBER**  
**11AM - 3PM**

**BROADVIEW OVAL & HUB**

**CLASSIC TREASURES STALL: Collecting Now**

We would be extremely grateful for your donation of:-

- |                    |                                       |
|--------------------|---------------------------------------|
| small ornaments    | jewellery                             |
| novelties          | music boxes                           |
| brassware          | clocks                                |
| watches            | classic toys (NOT Soft Toys, please!) |
| glassware/crystal  | small paintings / prints              |
| tea cups & saucers | dollies & table linens                |

Items can be left at the College Office, or a Classic Treasures team member would be happy to collect from your home. If you require collection, please phone the following numbers: **0414 323 311** or **0401 984 769**.  
*\*please note: We can NOT take any large household items, electrical items, clothing, soft toys or shoes.*



**2016 Art Union Fete Raffle**

Raffle Book has been received

Family Name: ..... Raffle Book #: .....

Daughter's Name.....Class: .....

I HAVE READ TODAY'S BULLETIN

Signed: .....Date: ..... / 9 / 16

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