



# ST DOMINIC'S PRIORY COLLEGE

139 Molesworth Street, North Adelaide. 5006.

## BULLETIN

### Diary Dates

**Thursday 13 September**  
Catholic Schools Music Festival  
Reception visit to Woolworths

**Friday 14 September**  
Year 11 Informal

**Monday 17 September**  
Year 3 visit Maritime Museum

**Tuesday 18 September**  
Dominican Cup Debating

**Wednesday 19 September**  
Year 10 Photography to Zoo  
Year 11/12 French  
visit to Cliché Exhibition  
Year 3 Pirate Day

**Thursday 20 September**  
Annual Music Concert

**Friday 21 September**  
Indian Pilgrimage  
Sri Lankan Lunch Fundraiser

**Mon 24 - Fri 28 September**  
Year 10 Work Experience

**Friday 28 September**  
Last Day of Term 3  
(normal dismissal)

#### 2018 TERM DATES

Term 3: 23 July - 28 Sep  
Term 4: 15 Oct - 7 Dec

### DUE THIS WEEK

The Week 8 Fete Appeal is  
**\$2 for Jams (Produce Stall)**

**Packet Sweets**  
for Sweets Stall

**Fete Parent Roster**  
sign up online at:  
<https://stdo.ms/Fete18>

#### UNIFORM SHOP NOTICE

As previously advertised, the  
Uniform Shop is **CLOSED** for  
Week 7, Week 8 & Week 9  
It will reopen in Week 10  
on **Monday 24 September**  
10:30am - 1:30pm



**Friday morning mass in  
the Chapel 8.15am**

**WEDNESDAY 12 SEPTEMBER 2018 WEEK 8 – TERM 3**

**Telephone: 8267 3818**

**Facsimile: 8267 4877**

**Web Site: [www.stdominics.sa.edu.au](http://www.stdominics.sa.edu.au)**



2019 Year 8 Orientation

Ask your daughters and they will tell you that one of the most memorable moments of their Year 8 Orientation Day at St. Dominic's was their introduction to the wonders of science through a bold experiment performed numerous times over many years by well-known Science teacher Keith Cockerill.

Meeting the new members of the Year 8 cohort for 2019 was a real pleasure and we hope that they feel more aware of the St. Dominic's community and of our appreciation of their formative Primary School environments. They are great ambassadors for those communities.

The speeches given by four St. Dominic's students to our new Year 8s held their attention, covering highly relevant social and emotional "tips for survival" including special reassurance for students who are the one and only girl from their school coming to St. Dominic's.

The tips from our Head Prefect Lily Bentley as a person who is at the end of her secondary school journey are worth while reading in print. Here are some quotes:

#### **On the wisdom of making friends beyond your own group:**

*I was originally from St. Monica's which is a small school but I was lucky in that the majority of my friends moved here with me. But even though this was the case I really wanted to make new friends. On orientation I tried to speak to as many girls as I could even though I knew it would be daunting.*

#### **On thinking positively:**

*For many of you who are the only person from your school here today I know it can be scary but think of yourselves as not separate, because everyone is part of a new year level and teachers and your fellow students understand.*

#### **On treating each other well, and bonding.**

*A key point is the way you treat each other – so important. At St Dominic's our school motto is Veritas which is Latin for truth. To live in truth is quite a journey but you can begin with*

*being truthful in who you are. Be your authentic self and be open minded about others by making everyone feel welcome. You are stronger together and you will look forward to school more if you be your best self and love each other as you are.*



#### **Reactivating bonds across 40 – 50 years since school days**

Connections across Adelaide or indeed across Australia are being made through formal and informal channels as the graduates from 40 and 50 years ago are soon to meet in two well planned reunions.

The 1966-1968 Old Scholars will meet on September 21<sup>st</sup>. Prior to the meal at The Caledonian Hotel there will be a College Tour at 5:30pm beginning from the front entrance 139 Molesworth St. Mary Anne Yeo (Roberts) and Kathleen Halliday (Hart), have spent months going out there to find former students. The 40 year reunion will be held on November 4 and the College Tour will begin at 12 noon before a gathering at the Caledonian Hotel.

Please pass the word on if you are in the company of a former student of the appropriate vintage.

**Sr Jillian Havey, Principal**

# Primary News

from Ms. Cate O'Leary, Primary School Coordinator

This is a very busy time in the Primary School and several classes will be presenting showcases. As the term draws to a close there are exciting opportunities for you to see the variety of valuable learning experiences that have been offered to our students. Next week: **Display Nights** will be held in the **Reception and Year 1** classrooms, our **Year 2s** will be taking us on a wonderful **journey to India**, and our **Year 3s** will be walking the plank and having fun on their Wednesday **Pirate Day**.

Our **Year 6 students** have been working very hard all year preparing for the **Catholic Schools Music Festival**. The event is this Thursday evening and we know the girls have been extremely well prepared by Mrs Anna Sordillo and we wish them all the best. Photos and recounts will be in next week's Bulletin.

## Assembly

Next week's Assembly will be hosted by the SRCs. It will begin in the Hall at 2:30pm and all are welcome.

## Children's University

Not long to go now. **The cut-off date is the 15<sup>th</sup> of October.** We will be collecting all student passports on Monday of the first week back. Please check that passports are all up to date as we will not enter anything after the 18<sup>th</sup> of October.

## Touch Football Carnival

Several students from **Year 5, 6 and 7** headed off on Tuesday to represent our school at the **SACPSSA Carnival**. Photos and reports will be in next week's Bulletin.

## Thunder Cup Netball

This week our Year 4 White and Black teams will be competing against each other and therefore will have their game here at school on Thursday and will be umpired by Mrs Fenton. Due to the Year 6s' involvement in the Catholic Schools Music Festival which is being held on Thursday, only our Year 5 players will be attending the game. Please note that next week it will be our last game for the season.



**In and around the classrooms:**  
**Learning About Forces in Reception**  
 In Science this term we have been learning about forces. We explored how toys move and whether they need a push or pull force to move. Our buddies in Year 4 have been learning about forces too so they spent a lesson with us investigating forces around the school.

**RECEPTION**



## Year 4 Confirmation

Wednesday night of Week 5, a small group of Year 4 girls were confirmed by Vicar General Philip Marshall at the Rosary Church. Together they confirmed the Baptismal promises, and then, with the guidance of each sponsor, were sealed with the Gifts of the Holy Spirit. This was a lovely night with many girls able to celebrate with their family and friends after. The candidates will continue to prepare and receive their First Holy Communion, at the same church, but in September.

**Pictured Above:** Alissa Caporaso, Victoria Chavez, Lily Donnellan, Tam Do, Harper Hawkins, Isabella Lee, Lillian Morkunas, Emmerson Muller, Isabella Pacicca and Lauren Schar

**I am. You are**  
**by Tina Le (Year 5)**

I am the misty sky,  
 You are the stunning sun,  
 Shine on me.

I am the vast stage,  
 You are the blinding light'  
 Showcase me.

I am the delicate eyes,  
 You are the flawless glasses,  
 Help me see wonderful things.

I am the body,  
 You are the robust bones,  
 Benefit me.

I am the clay,  
 You are the creator  
 Mould me.



## Primary Book Week / Literacy Week Writing Competition

Find Your Treasure

Students were given a 'treasure quote' from a notable book as inspiration for their writing. It was a difficult task to choose the best of very creative entries.

### Major Winners:

"My Friend"  
by Catherine Mackay (Year 1)

"I am. You are"  
by Chloe Addison (Year 4)

"I am. You are"  
by Tina Le (Year 5)

"Speaking for Animals in the Racing Industry" by Hariklia Drouzas (Year 6)

### Honour Awards:

Saanchi Patel (Reception)

Ivana Dojcinovic (Year 2)

Sally Rupasinghe (Year 3)

Mrs Raelene White

## Positive Psychology & Wellness Week

"The aim of Positive Psychology is to catalyse a change in psychology from a reoccupation only with repairing the worst things in life to also building the best qualities in life."

- Martin Seligman

Week 7 was Positive Psychology & Wellness Week at St Dominic's. The Student Representative Council (SRCs) organised daily lunchtime activities to raise awareness about the problems youth face, regarding mental health matters. In planning this focus week, the SRCs were clear that they wanted to provide their peers with strategies on how to keep their mental health in check. Just like exercising a muscle or practising to improve a skill, the brain requires practise and training to stay fit, healthy and largely positive.

Along with a Gratitude Wall, which was set up by our Year 7 students, the week's activities are detailed below...



### Monday Focus - Exercise

Many studies show that people who exercise regularly benefit with a positive boost in mood and lower rates of depression and stress. To demonstrate the importance of exercise, in the Gym, young people from SDPC took on young people from Cabra Dominican College in a friendly and fun game of netball. There was a gold coin entry at the door, with all money raised (over \$100) donated to Head Space and Trace a Place (supporting youth mental health).



### Tuesday Focus

#### - Healthy Relationships

A key to positive psychology is about nurturing healthy relationships. A board game lunchtime was a way to get together with friends, build on existing relationships as well as forming new ones.



### Thursday Focus

#### - Healthy Habits

This activity was about training the brain into healthy habits. Meditation is a form of mindfulness that allows one to take time out and focus on the present. Students were invited to the Hall at lunch to meditate, or if sleep deprived, to have a nap.



### Wednesday Focus - Active Meditation

Many therapists say that active meditation focusing on simple, repetitive tasks promotes a state of peace, concentration and can help replace negative thoughts. At lunchtime a fun colouring session took place, where beautiful mandalas and pictures were provided to students.



### Friday Focus

#### - Living Consciously & Living Well

For the final day of Positive Psychology & Wellness Week, we were fortunate enough to welcome guest speaker and Old Scholar, Jorja Bentley. Jorja is an advocate for living consciously, and living well. Having graduated with a first class psychology honours degree, Jorja was able to pass on simple yet key tools for us to create the best lives possible for ourselves.



With high levels of participation throughout the week, the hope is that students gained a new fact, idea and/or strategy that would help them to process emotions and build resiliency.

Well done to all SRCs for the organisation and promotion of this initiative.

Muriel Noujaim, Deputy Principal (Student Wellbeing)

A Spring Variety Music Concert  
WITH SPECIAL YEAR 12 SOLO PRE-CONCERT

College Hall | Thursday 20 September

doors open 5:45pm [PRE CONCERT]  
no earlier than 6:45pm [MAIN CONCERT]



TICKETS AT THE DOOR  
\$10 adults | \$5 conc.

Come and be entertained by stunning Solos,  
tight ensembles, creative touches  
and unexpected twists...

THE 2018 SDPC FETE & AUCTION IS ON  
**SUNDAY 28 OCTOBER**

Parent Roster Sign Up:  
<https://stdo.ms/Fete18>

This Week's Fete Appeal  
Packet Sweets (Sweets Stall)  
+ \$2 for Jams (Produce Stall)



# YEAR 9 CAMP

The Mylor Adventure Camp was a very fun experience. I enjoyed trying lots of new activities such as archery and bridge building. The high ropes and giant swing was very fun as they pushed me out of my comfort zone. Although it was very cold at camp we had a fun time sitting at the camp fire and eating marshmallows on the last night.

– Daniella Marafioti 9G

The Year 9s were fortunate enough to spend three days at Mylor Baptist Camp. It was a fun experience and a good time to bond with each other. Some of the highlights at camp were the giant swing, canoeing, the challenge course and the bonfire. We particularly liked the bonfire where all the Year 9s sat around the fire and roasted marshmallows. Even though we had sleepless nights, we enjoyed it and would love to come back again.

– Mary Pham and Lisa Nguyen 9G



3-5 SEPTEMBER 2018



# MYLOR





### Book Week 2018 | 'Big Book of Treasure Quotes' Competition Winners

The Book Week Find your Treasure Big Book of Quotes competition asked entrants to share their favourite inspirational sentence or quote from a book. It was enlightening to see the variety of books students had taken their quotes from, and the wisdom forthcoming. Words are indeed, very powerful. All of the quotes received will be collated into one big book for all to enjoy. The winners of the competition are:

**Emelia Haskey 12W:**

"Instant gratification takes too long"  
- Carrie Fisher, from the book 'Postcards from the edge'.

**Stephanie Jones 8B:**

"Not all those who wander are lost"  
- J.R.R. Tolkien, from 'The Fellowship of the Ring'

**Roshkan Kashkavij 8G:**

"Hope can be a powerful force. Maybe there's no actual power in it, but when you know what you hope for most and hold it like a light within you, you can make things happen almost like magic"  
- Laini Taylor from 'Daughter of Smoke and Bone'.

I hope all students enjoyed Book Week as much as the library staff did, and now we look forward to 2019 where we can celebrate authors, literature and books all over again!

Sandra Mason, Library Coordinator

**TUCKSHOP**

#### Week 9 Wednesday Hump Day Special

Roast Chicken w/ roast veg + gravy \$7.00

Please ensure BAGS are CLEARLY LABELLED with your daughter's NAME and CLASS



**Tuesday September 18<sup>th</sup>**  
St Dominic's Priory School | Conway Library

The College Community is warmly invited to attend this annual and entertaining interschool debating event.

**5:30pm Calaruega Cup - Juniors**

*Debate for Students from Years 6, 7 & 8*

**6:30pm Fr. John Neill Cup - Intermediate**

*(The Years 9 & 10 teams receive their secret topic at 5:00pm)*

**7:30pm Sr. Jillian Havey Cup - Seniors**

*(The Senior debaters receive their secret topic at 6:00pm)*

A light supper will be available throughout the evening.



### 2018 Legacy Badge Week

Monday 3 - Saturday 8 September

**Legacy is dedicated to caring for the families of deceased veterans and currently provides this service to 70 000 widows and 1900 children and dependents with a disability, across Australia. It is a voluntary organisation supported by veterans, service men and women and volunteers from all walks of life. Although this organisation does receive limited support from both State and Federal Governments, Legacy's most significant source of revenue is during Badge Week.**

On Friday 6 September, again our Year 7s collected donations along O'Connell Street and within North Adelaide Village Shopping Centre. The girls were blown away by the generosity, with one member of the public donating \$200. Over the course of the hour, a total of \$670 was raised.

**Muriel Noujaim, Deputy Principal (Student Wellbeing)**

The people that came up to us were really nice. They came up to us and didn't want anything in return and were happy to make a donation. - **Sienna Hughes**

I really enjoyed helping this cause. I even bought the 'nurse' bear because it was so cute and this helped to raise money. - **Sara Noble**

The people that came up to us, gave lots of money without hesitation. It felt really good to help out an organisation like Legacy. - **Emilia (Bell) Rivas**

It was amazing to see the public generously donating to Legacy. Suzanne (Legacy volunteer) was very nice and helped our class to understand more about the help Legacy provide. - **Mikayla Baldacchino**



Hear from returned students, find out more about discounts and scholarships available and ask questions

**Free Information Evening**  
**7<sup>pm</sup> Thursday 13<sup>th</sup> September**

Adina Apartment Hotel Adelaide Treasury 2 Flinders Street, ADELAIDE

VISIT: [www.studentexchange.org.au](http://www.studentexchange.org.au) or CALL 1300 135 331

### International Science Competition Results

Years 7 to 10 students had the opportunity to participate in the International Science Competition earlier this year. Congratulations to the following students on their performance in the completion. There were:

**Three (3) Distinctions | 23 Credits | 10 Merits**

**Ms Denise Kennedy**

<i>Distinction</i>			
Isabella TRAN	7		
Sophie NGO	9G	Caroline NGUYEN	9B
<i>Credit</i>		<i>Credit</i>	
Madeleine DUNGEY	7	Emily BUI	9B
Jiya JOSEPH	7	Sonia DI FAVA	9G
Isabella JOVEL	7	Nhu (Monica) PHAM	9B
Livia TRUONG	7	Kim Kim TO	9W
Lily FIORILLO	8W	Cleo VANDEPEER	9G
Tamika GUNSON	8W	Christabelle BUDIMAN	10G
Roshkan KASHKAVIJ	8G	Nadine CALLEJA	10W
Abby LAPSLEY	8W	Khanh LE	10B
Helen PHAM	8G	Anna NGUON	10G
Annalise ABBOTT	9W	Sarah RUNNEGAR-MULLINS	10B
Charlotte BOYD-TURNER	9W	Lina TRANG	10G
Alana BRKIC	9W		

### Australian Geography Competition Results

Congratulations to all of the students who participated in this year's competition. Across Years 7-10:

- **Nine (9) students were awarded High Distinctions;**
- **Seven (7) received Distinctions**
- **22 achieved a Credit**

The following are the names of those High Distinction and Distinction recipients who will receive their certificates at the End of Term Assembly in Week 10.

**Mr Andrew Coleman**

<i>High Distinction</i>		<i>Distinction</i>	
Madeleine DUNGEY	7	Isabella JOVEL	7
Lucy JOHNSON	7	Minh-Nghi NGUYEN	7
Livia TRUONG	7	Emilia RIVAS	7
Annalise DAMETTO	8W	Isabella TRAN	7
Tamika GUNSON	8W	Methuli PATHIRANA	8W
Nhi NGUYEN	8G	Lynh LE	10B
Claudia KRETSCHMER	9W	Ella TONKIN	10B
Caroline NGUYEN	9B		
Emily BUI	9B		

## Uniform Shop Notice

The Uniform Shop will reopen in Week 10  
**Monday 24 September 10:30am - 1:30pm**  
 and in the holidays as follows:

**10:30am - 1:30pm**  
**Friday 5 October**  
**Saturday 6 October**  
**Monday 8 October**  
**Tuesday 9 October**

**SUMMER UNIFORM IS WORN IN TERM 4**



Behind the scenes, the Auction Committee have been working hard alongside our Primary families to provide some stunning baskets for the Auction. If YOU would like to help in anyway, we'd be delighted to welcome you on board. See below for suggestions:

- Ask a question** – do you know anyone who would be willing to donate goods or services?
- Use your networks** – do you know anyone who runs a business and would like to attract new customers?
- Clean out your cupboards** and re-gift unused items to us.
- Talk to friends and family** about items they might have at home.
- Investigate possibilities in your area** – shops, businesses, cafés you frequent – Meal Vouchers, 2 for 1 deals, Coffee Vouchers, etc.
- Open to new ideas** and approaches.
- New items of any kind** gratefully received.

### Auction Donation Request

I can help, or know of someone who may help with donations of goods for this year's Auction, and am happy for someone to contact me for further details.  
**OR;** Donation is attached:

Goods Offered .....

**Details: (PLEASE COMPLETE BELOW)**

Name .....

parent/s of ..... in class(es): .....

E-mail address: .....

Phone Number/s .....

---

I HAVE READ TODAY'S BULLETIN

Daughter's Name(s): ..... Class(es): .....

Signed: ..... Date: ..... / ..... / 18